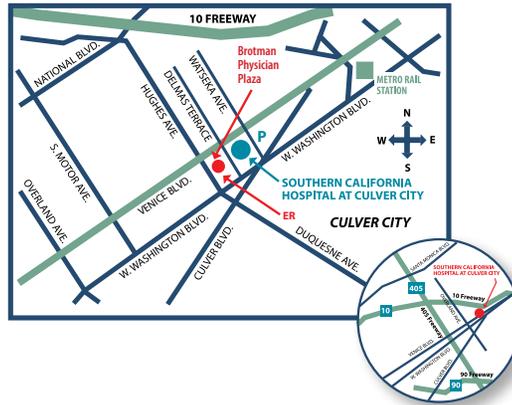


Metabolic Bariatric Surgery
Southern California Hospital
Culver City



Metabolic Bariatric surgical weight reduction is a comprehensive, multidisciplinary program of SCH-CC that combines medical expertise, education, and nutritional support to maximize one's weight loss success through minimally-invasive gastric bypass or gastric sleeve endoscopic.

GETTING TO SCH-CC



405 Freeway, Northbound

Exit Venice Blvd., turn left from off-ramp onto Sepulveda Blvd; turn right on Venice Blvd. proceed past Motor Ave. The hospital is located on the right side one block east of Hughes on Delmas Terrace.

405 Freeway, Southbound

Exit Venice Blvd., turn right from off-ramp onto Sawtelle Blvd.; turn right on Venice Blvd. proceed past Motor Avenue. The hospital is located one block east of Hughes on Delmas Terrace.

10 Freeway, Eastbound

Exit Robertson Blvd., take off-ramp to Venice Blvd. and turn right; proceed past Bagley Avenue. The hospital is located on the left side one block east of Hughes on Delmas Terrace.

10 Freeway, Westbound

Exit Robertson Blvd., turn left from off-ramp onto Robertson; proceed to National and turn right on Venice Blvd. proceed past Bagley Avenue. The hospital is located on the left side one block east of Hughes on Delmas Terrace.

Southern California Hospital at Culver City complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.



Medical Director of Bariatric Surgery at Southern California Hospital

Dr. Brian Quebbemann, MD, FACS, FASMBS

Director, Center for Advanced Laparoscopic Surgery
President, The N.E.W. Program

Culver City Clinic Location

Brotman Physician Plaza
9808 Venice Blvd. • Penthouse Suite
Culver City, CA 90232

2717 E. Chapman Ave., Suite 105
Orange, CA 92869
(949) 722-7662



Metabolic and Bariatric Surgery
Southern California Hospital
at Culver City



SINCERE.
COMPASSIONATE.
HEALTH CARE.



SOUTHERN CALIFORNIA HOSPITAL Metabolic Bariatric Surgery Program

At Southern California Hospital at Culver City (SCH-CC), we are proud to offer a weight loss surgery program focused on long-term success and safety.



Metabolic Bariatric Surgery

Metabolic Bariatric surgery offers an effective approach to help patients eat less, lose excess weight, and regain their health by limiting the stomach's capacity. Statistics indicate that 90% of those who have bariatric surgery lose 50% of their excess body weight.

Today, the term Metabolic Bariatric Surgery is used to describe surgical procedures to treat metabolic diseases, especially, type 2 diabetes.

About Our Care

Our bariatric surgeons provide the complete spectrum of bariatric services to hundreds of people each year, from diagnosis and surgical treatment to patient and family support.

Are You a Candidate?

Standard criteria for this surgery are: being 100 pounds over ideal weight or Body Mass Index (BMI) greater than > 40; have weight-related health problems; and have tried unsuccessfully to lose weight through diet, medication and exercise.

Advance Surgical Techniques

If you choose SCH-CC for this procedure, be assured your surgery at our Bariatric & Surgical Weight Reduction Center is done by surgeons with advanced training

in state-of-the-art laparoscopic techniques. They are supported by a team of medical professionals with specialized skills in weight loss surgery techniques. Our pledge to you is that we will provide you with the most advanced surgical treatments available.



Follow-up Care

Post bariatric weight loss surgery, you will be contacted by one of the metabolic and bariatric surgical program specialists to assess your recovery and weight loss

management. This will be conducted at a minimum of three (3) month, six (6) months and one year post weight loss surgery.

Weight Loss Management Workshop

SCH-CC Registered Dietitians and bariatric surgeons host a bi-monthly Weight Loss Management Workshop Tuesday evenings from 6:30pm-8:00pm at SCH-CC Green Room located in the Pavilion bldg. 3831 Delmas Terrace. The Weight Loss Management workshop includes weight management topics, presentations, group discussions, weigh ins and Q&A sessions. Attendance is encouraged and are an essential part of our Metabolic Bariatric Surgical program. To make an appointment to attend the Weight Loss Management workshops call (310) 836-7000 ext. 1063 and speak with one of our registered dietitians.

To schedule an appointment, or if you have questions, please call (310) 856-7000 ext 6728 to speak with our Metabolic Bariatric Surgical Coordinator.

What is Metabolic Bariatric Syndrome?

You must have at least three metabolic risk factors to be diagnosed with metabolic syndrome.

- A large waistline indicating abdominal obesity or “having an apple shape.” Excess fat in the stomach area is a greater risk factor for heart disease than excess fat in other parts of the body, such as on the hips.
- A high triglyceride level (or you're on medicine to treat high triglycerides). Triglycerides are a type of fat found in the blood.
- A low HDL cholesterol level (or you're on medicine to treat low HDL cholesterol). HDL sometimes is called “good” cholesterol. This is because it helps remove cholesterol from your arteries. A low HDL cholesterol level raises your risk for heart disease.
- High blood pressure (or you're on medicine to treat high blood pressure). Blood pressure is the force of blood pushing against the walls of your arteries as your heart pumps blood. If this pressure rises and stays high over time, it can damage your heart and lead to plaque buildup.
- High fasting blood sugar (or you're on medicine to treat high blood sugar). Mildly high blood sugar may be an early sign of diabetes.

